

Body Rhythms



A half day course for instrumental tutors and class teachers

Cost: £20 (free for staff directly employed by York Arts Education, teachers running Wider Opps & Approved Tutors)

Course leader: Chris Bartram (Senior Lecturer in Music, York St. John University, Trainer in Community Music and Education, Artistic Director 'Hands and Voices' choir)

Date: Saturday 15th February 2014

Time: 9.30am to 12.30pm

Venue: York St. John University

A fun-packed morning of practical ideas revolving around body percussion. A firm physical sense of pulse and rhythm is essential for all musicians, and body percussion is a wonderful way of developing this in children.

There will be plenty of practical activities and starting ideas for rhythm and body percussion work with children which can be integrated into Wider Opportunities work and general music lessons.

The session will:

- Explore a variety of rhythmic warm ups and games
- Provide you with plenty of action and body percussions songs
- Demonstrate progression from simple to more advanced body percussion rhythms
- Develop your confidence to teach body percussion well.

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Maximising the Learning Experience



Two half day courses for instrumental tutors and class teachers

Cost: £40 (free for staff directly employed by York Arts Education, teachers running Wider Opps & CYC Approved Tutors)

Course leader: Colin Jackson (Creative Learning Partnerships)

Dates: Monday 6th January & Monday 10th February 2014

Time: 9.30am to 12.30pm

Venue: Friends Meeting House, Friargate, York.

These linked half day sessions will explore strategies and approaches that might be used within whole class and small group instrumental teaching to ensure pupils/students are both engaged in learning and achieve the best possible outcomes.

Utilising a range of strategies and existing research on effective teaching and learning, the sessions will be largely practical and allow participants to reflect upon their own preferences for learning and, in doing so, translate what has been explored through the sessions into their own teaching.

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